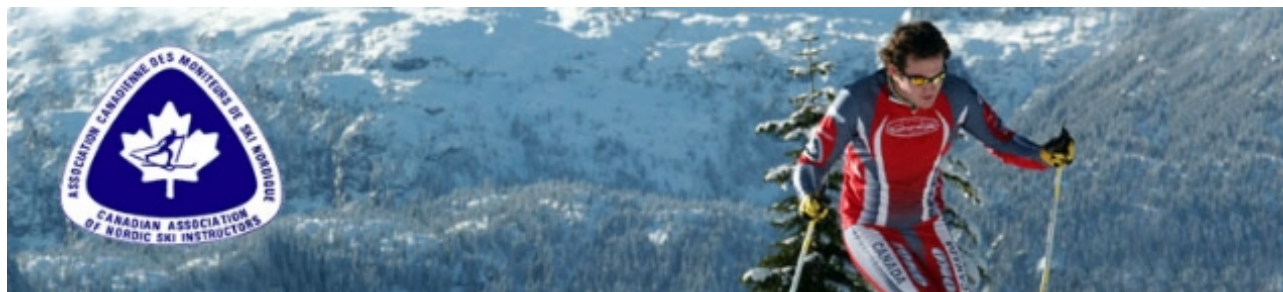


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Welcome

We believe that a short newsletter is the best way to stay close to you, so we plan to send you 4-5 emails per year.

Each newsletters will have 1-2 articles related to all members (e.g. renewals, seminars, etc.). We understand that regional topics are not necessarily relevant to all members, so we will produce a specific edition for each region. Regional newsletters will provide content of interest specific to your location.

But more importantly, we would love to include articles coming from members like you, This is an invitation to share experience, provides tips, etc.

Finally, the newsletter will provide an open window for the technical committee to communicate directly with you.

We plan to use this newsletter for our XCitation articles. We will have an article summary with a pointer to the full version on our website.

We understand that you might not have any interest in such letter, so the following link will allow you to [unsubscribe from this list](#). On the other hand, we welcome you to send comments to office@cansi.ca

We wish you pleasant spring skiing.

Thank You

Gaétan Lord
CANSI National president

INTERSKI 2015



“Training days are being held for CANSI Telemark Instructors interested in participating in next [winter's \(2015\) Interski](http://www.interski-2015.org/en) Team Selection. This one day program is intended to review teaching & demonstrating standards relevant to being selected as a demonstrator representing CANSI at the World Ski Congress (Interski) at Ushuaia, Argentina in September, 2015 (<http://www.interski-2015.org/en>)

One of the key outcomes of these training days is to create fun & informative sessions which will improve members teaching, technical understanding and skiing skills. Focus will be given to advance skiing as well as expose participants to the demands of team skiing.

Participants need not to commit to any future training or involvement. Nor is it mandatory to attend these training dates as a prerequisite for the next winter's (2015) Interski Team Selection.

Training locations & dates are;

West: Silver Star Mountain Resort > April 4th

East: Mont Blanc > April 12th

Interested members are encouraged to attend these sessions and register as soon as possible through www.cansi.ca (courses)

Early bird discounts are in effect so register today!”

National Seminar and AGM



From February 17 to 21, CANSI held its 10th annual seminar in the National

Capital Region. Again this year many CANSI members reunited to attend skiing sessions and share experiences with other CANSI members. From this meeting an X-C video will be produced to demonstrate CANSI standards. The video should be available soon. We will provide more information in the next newsletter.

The seminar also hosted our annual general meeting. This year was special because members had to vote for the new by-laws. We would like to thank Jeff Hampshire, former national president, for his sustained efforts in rewriting the by-laws in order to comply with the new government policy for non-profit organizations. The by-laws are available in the member's section of our website at the following URL:

<http://www.cansi.ca/en/members/bod/>



On the air



From time to time members produce videos or are seen on TV talking about CANSI and their favorite sport.

Denis Vezina, a CANSI telemark course conductor level III, created a video of CANSI telemark skiers going through some sequences at the national seminar last month. We invite you to enjoy the snow from the warmth of your living room.

<http://www.youtube.com/watch?v=CbRMJVXTgog>

Some Manitoba CANSI instructors are getting air. Air time that is, on local TV

stations and in film productions. The Cross Country Ski Association of Manitoba (CCSAM) has been working with several media outlets and agencies over the years to promote cross-country skiing in Manitoba and the Association's main ski facility, the Windsor Park Nordic Centre. Several CANSI instructors are called upon regularly to help out with these promotional events. This year it was for three film and TV spots and one promotional event. [Continue reading....](#)

Do you have spare time

CANSI is a non profit organization with members in both track and telemark, of all different skills levels, and heralding from coast to coast to coast in Canada. We will do our best to produce a professional newsletter 4-5 times each year, with articles of general interest, and articles specific to each region. We are looking for volunteers who can edit these articles for grammar and content. If you have a desire to be involved, and have time and editing skill, please volunteer! Your contributions are sincerely appreciated.

If you are interested to help us, please contact Francoise at office@cansi.ca

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